

Anodyne® Therapy Professional System Inservice Training Objectives

Facility Name: _____

City, State: _____

Date: _____

- 1.0 Explanation of Modality, Outcomes and Mechanism of Action**
- 2.0 Therapy Applications**
- 3.0 Equipment Set Up and Treatment**
- 4.0 Insurance Billing Information**
- 5.0 Treatment Guidelines**
 - 5.1 Overall Guidelines
 - 5.2 Guidelines for painful conditions
 - 5.3 Guidelines for impaired circulation
- 6.0 Precautions/Contraindications**
 - 6.1 Cancerous Lesions
 - 6.2 Near womb in Pregnancy
- 7.0 Safety**
 - 7.1 Burn Prevention
 - 7.1.1 Do Not Apply Pads with Pressure
 - 7.1.2 Patient Should Not Lie On Pads
 - 7.1.3 Patient Should Not Sleep With Pads Turned On
 - 7.1.4 Do Not Treat For More Than 45 Minutes per Area
 - 7.1.5 Check Treatment Area Every 10 Minutes
 - 7.1.6 Do not Treat Top of Feet or Top of Hands
 - 7.1.7 Do Not Use Over a Topical Heating Agent
 - 7.1.8 Always Turn the System Off Between Patients
 - 7.1.9 Use Energy Control Setting of 6-8 Bars for All Conditions Involving Circulatory Deficiency, Insensate Areas or Open Wounds
 - 7.2 Blood Glucose Monitoring
- 8.0 Infection Control**
- 9.0 Normal Patient Physiological Changes**
- 10.0 Equipment Care, Maintenance, Troubleshooting**
- 11.0 Customer's Ongoing Responsibility for Training Additional Employees/Contractors On Topics 1-10 Utilizing the Anodyne® Therapy Training Video**

**After completion of the inservice, please document the session by completing the training form.*

Anodyne® Therapy Professional System 480 Post-Test

1. Anodyne Therapy is what type of modality?
 - a. Electrical stimulation
 - b. Microwave
 - c. Infrared light and heat
 - d. Ultraviolet light

2. Anodyne Therapy releases a powerful vasodilator from hemoglobin called:
 - a. Nitrous oxide
 - b. Nitric oxide
 - c. Nitrogen oxide
 - d. Oxygenated Nitrogen

3. Anodyne Therapy can be used on which of the following conditions (circle all that apply):
 - a. Any condition involving pain or circulatory deficiency
 - b. Alzheimers dementia
 - c. Back pain during pregnancy
 - d. Pancreatic cancer

4. 2 potential side effects that may occur during use of Anodyne Therapy with Physical Therapy are:
_____ and _____.

5. You should not treat with Anodyne Therapy directly over: _____ or _____.

6. The following are important to prevent burns (circle all that apply)
 - a. Set energy dial at appropriate energy setting for patient condition
 - b. Ensure patients do not lie on top of therapy pads
 - c. Never apply pads with pressure on skin
 - d. Be especially careful over bony prominences
 - e. Turn off the unit if patient experiences ANY warmth
 - f. Never leave on for more than 45 minutes per area treated
 - g. Check treatment area every 10 minutes

7. When all pads are plugged into base unit and the energy dials are turned all the way to the right, you should see _____ bars on each side.

8. Always set at 10 bars and attach pads tightly when treating bony areas. True or False? ____

9. To prevent cross-contamination between patients, always:
 - a. Autoclave the pads between patients
 - b. Cover the pads with a clear plastic barrier
 - c. Sterilize the pads by soaking overnight in a 1:10 bleach solution
 - d. Replace the pads between patients

10. The following are normal effects of Anodyne Therapy (Circle all that apply):
 - a. Tingling or pain as circulation increases
 - b. Skin is pink due to vasodilation
 - c. Increased exudate if wound is present at treatment site
 - d. Necrotic or dry tissue loosens/peels off

Name _____ Date _____

License # _____ Total Possible Points: 20 x 5 pts each = 100%
Correct Answers _____ x 5 Points = _____%

Anodyne® Therapy Professional System 480 Post-Test Answer Key

1. Anodyne Therapy is what type of modality?
 - a. Electrical stimulation
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2. Anodyne Therapy releases a powerful vasodilator from hemoglobin called:
 - a. Nitrous oxide
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 - c. Nitrogen oxide
 - d. Oxygenated Nitrogen
3. Anodyne Therapy can be used on which of the following conditions (circle all that apply):
 - a. Any conditions involving pain or circulatory deficiency
 - b. Alzheimers dementia
 - c. Back pain during pregnancy
 - d. Pancreatic cancer
4. 2 potential side effects that may occur during use of Anodyne Therapy with Physical Therapy are:
Burns and **Hypoglycemia**.
5. You should not treat with Anodyne Therapy directly over: **an active malignancy** or **the womb of a pregnant woman**.
6. The following are important to prevent burns (circle all that apply)
 - a. Set energy dial at appropriate bars for patient condition
 - b. Ensure patients do not lie on top of therapy pads
 - c. Never apply pads with pressure on skin
 - d. Be especially careful over bony prominences
 - e. Turn off the unit if patient experiences ANY warmth
 - f. Never leave on for more than 45 minutes per area treated
 - g. Check treatment area every 10 minutes
7. When all pads are plugged into base unit and the energy dials are turned all the way to the right, you should see **ten (10)** bars on each side.
8. Always set at 10 bars and attach pads tightly when treating bony areas. True or False? **F**
9. To prevent cross-contamination between patients, always:
 - a. Autoclave the pads between patients
 - b. Cover the pads with a clear plastic barrier
 - c. Sterilize the pads by soaking overnight in a 1:10 bleach solution
 - d. Replace the pads between patients
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